

MEDICALLY DEPENDANT NO POWER INFORMATION CHECKLIST



If you or anyone else in your household is dependent on electricity for everyday medical support (e.g. a ventilator, CPAP/BIPAP machine, use of a microwave for heating fluids required for some medical conditions), **don't forget to let your electricity retailer know.**

By advising them, they can make ensure that you are contacted as soon as possible following power outages affecting your property. They can also help you prepare a 'No Power Plan'.

If you have any queries about back up power options for your medical equipment, contact your medical professional for advice.

To get you through a power outage, here are a few tips to consider for your No Power Medically Dependent Plan:

- have a backup power supply (generator or batteries).
- an emergency contact (and a backup person) that you can contact, so they can check on you or help.
- a plan to get to your GP or a hospital if required.
- check out our fact sheet **Residential No Power Plan Information** for more tips to help you prepare for a power outage.

24 Hour Fault Line
0800 30 90 80

Learn more
mainpower.co.nz



**IF AT ANY STAGE DURING A POWER OUTAGE YOU HAVE
SERIOUS HEALTH AND WELLBEING CONCERNS, CALL 111.**